

Norton Archers



INTRODUCTION TO THE BEGINNERS COURSE

The course will consist of 5 lessons each of one and a half hours duration (session time two hours to allow assembly /disassembly).

All equipment will be provided, free of additional charge for the duration of the course.

You are advised to wear close fitting clothing during the lessons; this helps to prevent your clothing being caught by the bowstring when shooting the bow. Footwear should be fully enclosing (not open-toed).

At the end of the course you will:

- ✚ Know and understand the rules of safety and etiquette of the sport
- ✚ Be familiar with the basic equipment used in target archery
- ✚ Be able to consistently hit an 80cm target, at a distance of 18 metres
- ✚ Have an understanding of the organisation of archery within the UK and the world
- ✚ Know and understand the scoring systems used in target archery
- ✚ Know and understand the basic shooting rules of target archery
- ✚ Know and understand the principles of the “rounds” that are shot in target archery
- ✚ Have received information about other forms of archery
- ✚ Have knowledge of and have received advice on the selection of your personal equipment
- ✚ Be able to conduct some simple maintenance of your archery equipment
- ✚ Have received a certificate confirming that you have completed a beginner’s course in target archery

Note: Should you wish to purchase your own equipment we would advise you not to do so until the end of the course. We will assess your individual needs and advise you on the bow type and arrow specification best suited to those needs. If you already have equipment we will still ask you to use the club’s equipment for the duration of the course.